Prediction of the Secondary Structures of Stefins and Cystatins, the Low-Molecular Mass Protein Inhibitors of Cysteine Proteinases

Andréj Šali and Vito Turk

Dept. of Biochemistry, J. Stefan Institute, Ljubljana, Yugoslavia

(Received 25 February 1987)

Summary: A procedure for classifying proteins of known sequence into structurally similar groups was developed on the basis of the Argos parametric approach. It is shown that stefins and cystatins constitute two structurally well-resolved, but homologous groups of proteins. Furthermore, it is very probable that segments of secondary structures within each family are conserved, although significant differences between stefins and cystatins are indicated at the level of secondary structure.

Next, secondary structures of all sequenced stefins and cystatins were predicted and used in the construction of secondary structures of the “typical stefin” and the “typical cystatin”. Results were interpreted in the light of evolution and inhibition mechanism. Alignment of the “typical stefin” versus the “typical cystatin” secondary structure segments suggests that the divergence of stefin and cystatin families did not occur by a gene fusion event, but only by a mechanism of substitution, insertion and/or deletion. The central region of low-molecular mass cystatins, which is assumed to interact with cysteine proteinases, is predicted to be in a β-sheet conformation. This resembles the β-sheet in the active site of “standard mechanism” serine proteinases inhibitors.

Rückschluß von der Primärstruktur auf die Sekundärstrukturen von Stefinen und Cystatinen, den niederemolekularen Proteininhibitoren von Cystein-Proteinasen


Außerdem wurden die Sekundärstrukturen aller sequenzierten Stefine und Cystatine vorausgesagt und die Sekundärstrukturen des „typischen Stefins“ sowie des „typischen Cystatins“ ermittelt. Die Ergebnisse werden in bezug auf die Evolution und den Hemm-Mechanismus interpretiert. Ein Homologie-Vergleich der Verteilung der verschiedenen Sekundärstrukturen des „typischen Stefins“ mit denen des „typischen Cystatins“ läßt vermuten, daß die Unterschiede zwischen den Familien der Stefine und der Cystatine nicht durch Genfusionen entstanden sind, sondern nur durch Substitutionen,

Enzymes:
Actinin (EC 3.4.22.); papain (EC 3.4.22.2); phospholipase A2 (EC 3.1.1.4).

Abbreviations:
Amino-acid residues are indicated by the one letter code as recommended by IUPAC/IUB [Eur. J. Biochem. 138, 31 (1984); Hoppe-Seyler’s Z. Physiol. Chem. 350, 793–797 (1969)]. ASCC, summed crosscorrelation coefficient according to Argos.
Insertionen und/oder Deletionen. Für den zentralen Bereich der niedermolekularen Cystatine, von dem man annimmt, daß er mit den Cystein-Proteinasen reagiert, wird eine β-Faltblattsstruk-
tur vorausgesagt. Das erinnert an die β-Faltblattstruktur im aktiven Zentrum der Serin-Pro-
teinase-Inhibitoren, die nach dem „Standard-
Mechanismus“ arbeiten.

Key words: Stefin, cystatin, secondary structure.

Inhibitors of cysteine proteinases have been found in tissues and body fluids of several mammalian species\textsuperscript{1,2,3}. They are believed to be involved in the control mechanism of intracellular or extracellular protein breakdown.

Two recent works\textsuperscript{4,5} demonstrate that all protein inhibitors of cysteine proteinases sequenced so far represent a homologous group, which can be clearly subdivided into three distinct families. It should be emphasized that the principle underlying classification in both cases was evolutionary relationship based on primary sequence homology and that no obvious indications about the similarity of three-dimensional structures could be obtained. At the First International Symposium on Cysteine proteinases and their Inhibitors (Portorož, Yugoslavia, 1985) the name “cystatins” was proposed for the whole superfamily. It was also suggested that families 1, 2 and 3 should be referred to as steffins, cystatins and kininogens, respectively.\textsuperscript{6} Stefin and cystatins have molecular masses between 11 and 14 kDa and are termed low-molecular mass cystatins. On the other hand, kininogens comprise three low-molecular mass cystatin segments and have overall molecular masses of 50–120 kDa.

Neither the tertiary structure of any cystatin nor the exact mode of its binding to cysteine proteinases is yet known. However, X-ray analysis of chicken cystatin is in progress.\textsuperscript{7} It would be of interest to predict some structural features of low-molecular mass cystatins from their primary structure as long as X-ray data are not available.

In the following presentation, low-molecular mass cystatins are grouped on a structural basis. The resulting homology groups have enabled the prediction of secondary structures for the “typical stefin” and the “typical cystatin”. Implications of these structures for evolution and inhibition mechanism are considered.

Materials and Methods

All the programs were executed on an Apple II+ microcomputer.

Protein clustering on structural basis

The physical parametric approach to protein sequence comparison\textsuperscript{7} was used to derive the maximal summed crosscorrelation coefficient with a lag value between –20 and 20 for all possible pairs of steffins and cystatins. Once all the homologues had been compared in this way, a difference matrix was constructed and systematic clustering according to the method of weighted pairgroup with arithmetic averaging was undertaken.\textsuperscript{8}

Prediction of secondary structure

A) The Chou & Fasman method\textsuperscript{9}

Although a computerized version was used, the final predictions of α-helix and β-sheet regions are not exact, due to subjective decisions between overlapping α-helix and β-sheet preferences. Provisional α-helix and β-sheet regions were predicted as segments of at least three consecutive tetrapeptides with corresponding average potential greater than 1.0 and the exact lengths then obtained with the aid of the Chou & Fasman termination rule and boundary information. Finally, the occasional overlaps were resolved by inspection of boundary information and areas under the curve of plotted potentials. The threshold value used in β-turn predictions was one and a half times that of the average β-turn occurrence probability.

B) The method of Garnier et al.\textsuperscript{10}

A computerized directional version was used to predict α-helix and β-sheet regions for all low-molecular mass cystatins. Furthermore, the prediction was improved by taking into account the sequences of homologous proteins: the information provided by each residue of the homologue was simply added, and the sum divided by the number of homologues with the residue at the treated position present. The alignment used was that of Salvesen et al.\textsuperscript{4}.

Hydropophicity profiles

Diagrams for each low-molecular mass cystatin were constructed according to the method of Kyte and Doolittle.\textsuperscript{11} A moving segment of six amino acid residues was used. Averaged stefin and cystatin plots were obtained by averaging the original profiles, which were aligned according to Salvesen et al.\textsuperscript{4}. The point plotted at (i + 2.5) refers to the averaged hydrophobicity of the hexapeptide ranging from the i-th to (i + 5)-th amino-acid residue.

Results and Discussion

Clustering

The extended method of Argos et al.\textsuperscript{7} was used to construct a dendrogram which results in a numerical index of the relationships between low-molecular mass cystatins with known amino-acid sequence. The comparison is based on the
Table 1. Correspondence between ASCC and secondary structure homology.

Alignment and structural assignments for globins, phospholipases and cysteine proteinases are from Lask and Chothia[16], Dutton et al.[17] and Kamphius et al.[18], respectively.

<table>
<thead>
<tr>
<th>Compared proteins</th>
<th>ASCC</th>
<th>Secondary structure differences</th>
</tr>
</thead>
<tbody>
<tr>
<td>Human deoxyhaemoglobin α</td>
<td>5.24</td>
<td>none</td>
</tr>
<tr>
<td>Horse deoxyhaemoglobin α</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bovine pancreas PLA₂</td>
<td>3.13</td>
<td>8 residue α-helix is inserted, several 1 residue insertions in non-helical/sheet regions</td>
</tr>
<tr>
<td>Crotaulus atrax PLA₂</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Papain</td>
<td>2.89</td>
<td>single 1, 2 and 4 residue deletions at helix boundaries and 1 residue insertion in non-helical/sheet region.</td>
</tr>
<tr>
<td>Actinodin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Human deoxyhaemoglobin α</td>
<td>2.59</td>
<td>single 1, 2 and 5 residue insertions, length of aligned helical segments varies.</td>
</tr>
<tr>
<td>Human deoxyhaemoglobin β</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

1.4 < ASCC < 2.0: possible structural correspondence is indicated, albeit with significant insertions and/or deletions.
4.0 < ASCC < 6.0: suggests good structural equivalence with few insertions and/or deletions.

physical properties thought to determine folding of a given polypeptide sequence, i.e. surrounding hydrophobicity, polarity, hydration potential and Chou & Fasman preferences for α-helix, β-sheet and β-turn. It therefore follows the conservation or change of conformation even where sequence homology is not detectable. This provides a more effective way of assessing the structural relation between different proteins than the methods based on evolutionary distance. However, interpretation of the numerical index provided by the Argos summed crosscorrelation coefficient (ASCC) in terms of the presence or absence of insertions, deletions, etc. needs to be established. To this end several pairs of reference proteins were examined for inserted segments and for differences in secondary structure judged by optimal alignment based on known tertiary structures. These differences with computed ASCCs and original conclusions of Argos are shown in Table 1. It can be predicted that the optimal alignment of two sequences with ASCC greater than 4.0 correlates with no significant insertions and/or deletions and that both proteins are likely to possess similar secondary structure segments which differ slightly only in their boundaries. On the other hand, it is very probable that in order to align two sequences with ASCC less than 3.0, some insertions and/or deletions — which might also change their pattern of secondary structure segments — are necessary.

Fig. 1. Dendrogram constructed from the similarity matrix.

The cophenetic correlation coefficient is 0.963. For sequence key (small letters) see Fig. 4.

Table 2. Similarity matrix based on the method of Argos et al.

For sequence key (small letters) see Fig. 4.

<table>
<thead>
<tr>
<th></th>
<th>a</th>
<th>b</th>
<th>c</th>
<th>d</th>
<th>e</th>
<th>f</th>
<th>g</th>
<th>h</th>
<th>i</th>
<th>j</th>
</tr>
</thead>
<tbody>
<tr>
<td>a</td>
<td>6.00</td>
<td>5.05</td>
<td>4.45</td>
<td>4.92</td>
<td>1.45</td>
<td>1.16</td>
<td>1.34</td>
<td>2.06</td>
<td>1.91</td>
<td>1.19</td>
</tr>
<tr>
<td>b</td>
<td>5.05</td>
<td>6.00</td>
<td>4.07</td>
<td>5.69</td>
<td>1.94</td>
<td>1.29</td>
<td>1.64</td>
<td>2.12</td>
<td>2.58</td>
<td>1.46</td>
</tr>
<tr>
<td>c</td>
<td>4.45</td>
<td>4.07</td>
<td>6.00</td>
<td>6.00</td>
<td>2.02</td>
<td>1.67</td>
<td>1.41</td>
<td>1.62</td>
<td>1.98</td>
<td>2.02</td>
</tr>
<tr>
<td>d</td>
<td>4.92</td>
<td>5.69</td>
<td>6.00</td>
<td>6.00</td>
<td>2.02</td>
<td>1.98</td>
<td>1.41</td>
<td>1.62</td>
<td>1.98</td>
<td>2.02</td>
</tr>
<tr>
<td>e</td>
<td>1.45</td>
<td>1.94</td>
<td>2.76</td>
<td>2.02</td>
<td>6.00</td>
<td>4.12</td>
<td>4.01</td>
<td>3.83</td>
<td>4.73</td>
<td>4.50</td>
</tr>
<tr>
<td>f</td>
<td>1.16</td>
<td>1.29</td>
<td>1.96</td>
<td>1.41</td>
<td>4.12</td>
<td>6.00</td>
<td>5.54</td>
<td>5.09</td>
<td>3.45</td>
<td>4.47</td>
</tr>
<tr>
<td>g</td>
<td>1.34</td>
<td>1.64</td>
<td>1.74</td>
<td>1.62</td>
<td>4.01</td>
<td>5.54</td>
<td>6.00</td>
<td>4.66</td>
<td>3.76</td>
<td>4.62</td>
</tr>
<tr>
<td>h</td>
<td>2.06</td>
<td>2.12</td>
<td>2.25</td>
<td>1.98</td>
<td>3.83</td>
<td>5.09</td>
<td>4.66</td>
<td>6.00</td>
<td>3.58</td>
<td>3.96</td>
</tr>
<tr>
<td>i</td>
<td>1.91</td>
<td>2.58</td>
<td>2.28</td>
<td>2.74</td>
<td>4.73</td>
<td>3.45</td>
<td>3.76</td>
<td>3.58</td>
<td>6.00</td>
<td>4.61</td>
</tr>
<tr>
<td>j</td>
<td>1.19</td>
<td>1.46</td>
<td>2.02</td>
<td>2.06</td>
<td>4.59</td>
<td>4.47</td>
<td>4.62</td>
<td>3.96</td>
<td>4.61</td>
<td>6.00</td>
</tr>
</tbody>
</table>
The ASCCs for all possible pairs of low-molecular mass cystatins are shown in Table 2. This matrix was used to construct the dendrogram in Fig. 1. The very high cophenetic correlation coefficient indicates that pairwise relations are not considerably distorted in this particular dendrogram. Clustering clearly reveals two structurally distinct groups, namely steins and cystatins, and therefore further supports the already suggested scheme of evolution[3,4].

Bearing in mind the results shown in Table 1 it is concluded that inhibitors within both families are practically identical at the level of secondary structure. It is also anticipated that considerable gaps have to be introduced in the optimal alignment of steins and cystatins.

**Secondary structure predictions**

The prediction of α-helix and β-sheet segments according to the methods of Chou and Fasman[9]

---

**Fig. 2. Prediction of secondary structure.**

1) Chou & Fasman predictions, 2) averaged Chou & Fasman prediction, 3) Garnier et al. predictions, 4) family Garnier et al. prediction, 5) typical family member, final combined prediction. Filled horizontal bars indicate helical regions and white horizontal bars code for β-strands. β-Turns predicted according to Chou and Fasman are designated by small squares at their first residue. For sequence key (small letters) see Fig. 4. a) Steins: In the Garnier et al. prediction the decision constants were -40, -88 and 0 for α-helix, β-sheet and β-turn, respectively. b) Cystatins: In the Garnier et al. prediction the decision constants were -75, -88 and 0 for α-helix, β-sheet and β-turn, respectively. These decision constants were chosen because they minimize the difference between Garnier et al. and Chou & Fasman predictions.
and Garnier et al.\textsuperscript{[10]} is shown for all the low-
molecular mass cystatins (Fig. 2). In the next
step the two methods were still considered
separately and “averaged” structures for stefin
and cystatin family were obtained (Fig. 2). For
the Chou and Fasman method the “typical”
secondary structure was constructed visually,
whereas for the Garnier et al. method averaging
was performed as suggested. Finally, secondary
structures of the “typical stefin” and the “typi-
cal cystatin” were constructed from the aver-
gaged predictions of both methods (Fig. 2).

Improvement of joint secondary structure
predictions
We used reverse turn prediction to improve
rough secondary structure predictions of the
typical stefin and typical cystatin. Turns were
predicted applying the following considerations.
First, independent Chou & Fasman $\beta$-turn
prediction was used as an indicator of plausible
chain reversals (Fig. 2). Second, we tended to
locate reverse turns at the local minima of an
averaged hydrophobicity profile (Fig. 3) and
between already predicted secondary structure
segments\textsuperscript{[12]}. Third, we assume the globularity
of a protein and consequently limited the maxi-
mal allowed length of $\alpha$-helices and $\beta$-segments
to approximately 3 nm\textsuperscript{[12]}

The only major impact of the refinement on the
secondary structure predictions is a shortening
of the first helix in both the typical stefin and
typical cystatin. The final results in Fig. 3 indi-
cate that

1) N- and C-terminals of the typical stefin and
typical cystatin are helical,
2) the middle parts adopt the $\beta$-sheet confor-

mation and
3) the typical cystatin has an additional helical
segment preceding the last $\beta$-strand of the
chain.

Unfortunately, individual predictions differ
appreciably even within each family. In particular,
boundaries are subject to the greatest uncer-
tainties. Nevertheless, we can be rather confi-
dent that the regions of $\alpha$-helix and extended
conformation are predicted with reasonable ac-
curacy due to consideration of information
from the whole family. The idea to improve
secondary structure prediction using related
proteins has been already discussed by Garnier
et al.\textsuperscript{[10]}.

Alignment
The aligned segments of secondary structure of
the “typical stefin” and the “typical cystatin”
are shown in Fig. 4b. This kind of alignment
may reveal the relation between corresponding
structures and also shed light on the evolution
of stefin and cystatin families from their com-
mon ancestor. It is evident that, by the criteria
of secondary structure, stefins and cystatins
are very similar at the N-terminal and central region,
whereas there are greater differences at the C-
terminus. This is in agreement with amenable-
ity of that part of the molecule to accept evolu-
tionary mutations as a consequence of its exposure
(which can be deduced from the hydrophobicity
profile). It should be mentioned that the align-
ment cannot be clearly determined. Neverthe-
less, the transformation between $\alpha$-helix and $\beta$-sheet
has not yet been observed within a homologous
group of proteins\textsuperscript{[13]}. The simplest way to take
this into account is an alignment with some
minor insertions, deletions and/or substitutions
at the C-terminus. It is interesting to note that
the sequence alignment\textsuperscript{[14]} based on the program
“Align” (Dayhoff) is almost identical with the
one presented here (Fig. 4), although different
principles are involved.
Implication for inhibition mechanism

The second observation evident from Fig. 4 is that the central part of both types of low-molecular mass cystatins is in a β-sheet conformation. It has already been suggested\textsuperscript{[14]} although without firm evidence, that the active-site residues are located in the conserved central region of the sequence and that the inhibition mechanism might be similar to that of the "classical mechanism" of protein serine proteinases inhibitors\textsuperscript{[15]}. It is worth noting that the interaction of a "classical inhibitor" with the serine proteinase is mainly through β-sheet hydrogen bonds. Our prediction of a β-sheet in the central region indicates that this region might be involved in the interaction with cysteine proteinases similar to that of the "classical mechanism" inhibitors.

Conclusions

A general method was devised to assess the relation between secondary structure of proteins with known amino-acid sequences. It was used to compare low-molecular mass cystatins and to group them into two structurally homologous families, cystatins and steins. The members of each group were found to be similar enough to allow construction of a secondary structure representing a typical protein of the family. By using the extensive information available from the whole homology group, it was possible to rationally bypass differences due to choosing different prediction methods and/or different proteins within the same family. We believe that the secondary structure resulting from such pooling of information from closely related proteins is more accurate than that relying on only one sequence and one prediction method.

This work and new sequences may also represent starting point for further theoretical work, such as prediction of supersecondary structure. Application of the emerging tertiary structure of any cystatin or stein to other members

The evolutionary implications

If we do accept that the alignment in Fig. 4 accounts for evolutionary changes, it follows that the divergence of stein and cystatin families probably did not occur by a gene fusion event\textsuperscript{[3]} but by simple substitution, deletion and/or insertion\textsuperscript{[4]}. 

Fig. 4. a) Amino-acid sequences of low-molecular mass cystatins aligned according to Salvesen et al\textsuperscript{[14]}. 
Key and references: a) human stein A\textsuperscript{[19]}, b) human stein B\textsuperscript{[20,21]}, c) rat cystatin\textsuperscript{[22]}, d) rat cystatin C\textsuperscript{[23]}, e) human cystatin C\textsuperscript{[24]}, f) human cystatin S\textsuperscript{[25]}, g) human cystatin S\textsuperscript{[26]}, h) human cystatin S\textsuperscript{[27]}, i) bovine colostrum cystatin\textsuperscript{[28]}, j) chicken cystatin\textsuperscript{[29]}. 
b) Alignment of secondary structure segments of the typical stein and the typical cystatin. 
For secondary structure key see Fig. 2.
of the superfamily may now also be more straightforward.

Above all, we are looking forward to compare our predictions to the first X-ray data.

We thank Drs. D. Barlow and S. Founding at Birkbeck College, London, for many encouraging discussions and Dr. T. Blundell, British Council, and Research Council of Slovenia who all made the stay in London possible for one of us (A. Šali). We are also grateful to D. Lipovšek and Drs. R. Pain and T. Blundell for critical reading of the manuscript.

Literature


